

The Bluebell

117 High Road • Chigwell • Essex • IG7 6QQ • 020 8500 6282 • www.thebluebellrestaurant.co.uk

SPONSORS OF HAINAULT BUSINESS PARK LTD

10% off on Tuesday to Sunday Set Lunch Menu (food only)

10% off Tuesday to Thursday Set Supper Menu

(food only, excludes Friday and Saturday evenings)

The Bluebell Sharing Platter

Smoked Salmon, Greek Salad, Paté, Gazpacho Soup Shots, Asparagus Hollandaise, Stilton Arancini, Olives and Hand Cut Chips £13.95

Starters

Daily Market Soup £4.50

Smoked Chicken and Vegetable Broth with Herb Dumplings (alc) £6.95

Oak Smoked Scottish Salmon with Chive Cream Cheese and Ruby Chard £5.95

Grilled English Asparagus with Jersey Royals, Shaved Parmesan, Poached Egg and Hollandaise Sauce £5.50/£12.95

Chicken Liver and Foie Gras Paté with House Chutney and Toasted Ciabatta £4.95

Pan Fried Isle of Man Scallops on Sundried Tomato, Parma Ham & Pesto Minestrone (alc) £10.95

Pasta & Salads

Seafood Linguine with Baby Vine Tomatoes, Spring Onion & Coriander Pesto £5.50/£12.95

Classic Greek Salad with Feta Cheese, Olives and Baby Vine Tomatoes £5.25/£12.50

Smoked Chicken Caesar Salad with Shaved Parmesan Reggiano £5.95/£13.50

Baked Leek, Shallot & Goats Cheese Tart, with Soft Poached Egg, Warm Asparagus & Jersey Royal Salad (alc) £17.95

Fish

Fresh Market Fish, Hand Cut Chips with Minted Pea Puree £14.50

Pan Fried Wing of Skate, Jersey Royals, Baby Spinach and Caper Butter £18.95

Half Grilled Lobster with Garlic Butter, Hand Cut Chips and Summer Salad £24.95

Bluebell Fish Cake with Wilted Baby Spinach and Pak Choi and Lemon Butter Sauce £14.50

Sample Tuesday to Saturday Lunch Menu

Set Lunch

2 Courses £16.95/3 Courses £19.95

Daily Market Soup

Chicken Liver and Foie Gras Pate with House Chutney and Toasted Ciabatta

Oak Smoked Scottish Salmon with Chive Cream Cheese and Ruby Chard

Tomato, Mozzarella and Avocado Salad with Balsamic Dressing

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Grilled Sea Bass Fillet on Pesto Mashed Potato with Olive and Tomato Dressing and Baby Leaves

New Season Spring Lamb with Creamed Potatoes, Asparagus and Minted Peas

Roast Breast of Chicken with Jersey Royals, Pak Choi, Watercress Salad and a Sweet Chilli Jus

Fresh Market Fish, Hand Cut Chips with Minted Pea Puree

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Classic Vanilla Crème Brûlée

Hot Seasonal Dessert

Seasonal Fresh Fruit Salad and Sorbet

Bluebell Chocolate Plate

Ladies Lunch £15.95

Glass of Prosecco

...

Grilled Sea Bass Fillet on Pesto Mashed Potato with Olive and Tomato Dressing and Baby Leaves

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Classic Vanilla Crème Brûlée

(alc) These are options from our A la Carte Menu

From the Grill Best of British

with Peppercorn Sauce, Dijon Sauce or Red Wine Jus

6oz Scottish Minute Steak £14.50

9oz Scottish Rib-eye Steak £18.50

8oz Scottish Fillet Steak (alc) £28.95

Bluebell Mixed Grill £18.50

Bluebell Scottish Steak Burger with Goats Cheese, Homemade BBQ Sauce £13.95

All of the above are available with a choice of Hand-cut Chips, Creamed Potatoes, Jersey Royals or Mixed Salad

Meats

Roast of the Day with all the Accompaniments £14.50

Roast Breast of Chicken with Jersey Royals, Pak Choi, Watercress Salad and a Sweet Chilli Jus £14.00

New Season Spring Lamb with Creamed Potatoes, Asparagus and Minted Peas £14.95

Side Orders

Mixed Seasonal Vegetables or a Mixed Seasonal Salad £2.50
Hand Cut Chips or Creamed Potatoes £3.00

Desserts

£5.95

Classic Vanilla Crème Brûlée with Spring Berry Compote and Lemon Shortbread

Seasonal Fresh Fruit Salad and Sorbet

Hot Seasonal Dessert

Bluebell Chocolate Plate

Bluebell Ultimate Knickerbocker Glory

Selection of Ice Creams and Sorbets

Chilled Seasonal Dessert

Selection of Artisan Cheeses with Red Onion Chutney and Biscuits £8.95

The Bluebell

Sample Summer Menu

Tuesday to Thursday Supper

Bluebell Apéritif

Kir Royale • Champagne • Bellini
Pimms • Prosecco Rosé • Mojito
£6.95

Olives
£3.95

The Bluebell Sharing Platter

Smoked Salmon, Greek Salad, Pate,
Gazpacho Soup Shots, Asparagus Hollandaise,
Stilton Arancini, Olives and Hand Cut Chips
£13.95

Starters

Daily Market Soup
£4.50

Smoked Chicken and Vegetable Broth with Herb
Dumplings (alc)
£6.95

Smoked Scottish Salmon with Horseradish Cream,
Crab and King Prawn Cocktail
and Chilled Cucumber Soup (alc)
£8.95

“Cheese Tasting Plate”

Greek Salad Terrine, Tomato, Mozzarella
& Avocado, Deep Fried Brie with
Beetroot Dressing (alc)
£8.95

Grilled English Asparagus with Jersey Royals,
Shaved Parmesan, Poached Egg
and Hollandaise Sauce
£5.50/£12.95

Chicken Liver and Foie Gras Pate with House
Chutney and Toasted Ciabatta
£4.95

Pan Fried Isle of Man Scallops on Sundried
Tomato, Parma Ham & Pesto Minestrone (alc)
£10.95

Pasta & Salads

Seafood Linguine with Baby Vine Tomatoes,
Spring Onion & Coriander Pesto
£5.50/£12.95

Baked Leek, Shallot & Goats Cheese Tart, with Soft
Poached Egg, Warm Asparagus & Jersey Royal
Salad (alc)
£17.95

Classic Greek Salad with Feta Cheese,
Olives and Baby Vine Tomatoes
£5.25/£12.00

Smoked Chicken Caesar Salad with
Shaved Parmesan Reggiano
£5.95/£13.50

(alc) These are options from our A la Carte Menu

Set Supper

2 Courses £18.95/3 Courses £23.95

Daily Market Soup

Chicken Liver and Foie Gras Pate with
House Chutney and Toasted Ciabatta

Oak Smoked Scottish Salmon with Chive
Cream Cheese and Ruby Chard

Tomato, Mozzarella and Avocado Salad with
Balsamic Dressing

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Grilled Sea Bass Fillet on Pesto Mashed
Potato with Olive and Tomato Dressing
and Baby Leaves

New Season Spring Lamb with Creamed
Potatoes, Asparagus and Minted Peas

Roast Breast of Chicken with Jersey Royals,
Pak Choi, Watercress Salad
and a Sweet Chilli Jus

Fresh Market Fish, Hand Cut Chips with
Minted Pea Puree

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Classic Vanilla Crème Brulée

Hot Seasonal Dessert

Seasonal Fresh Fruit Salad and Sorbet

Bluebell Chocolate Plate

Meats

“Trio of Gressingham Duck”

Roast Breast on Sardinian Potatoes,
Confit Leg with Pak Choi, and Seared Foie
Gras with Baby Beets and a
Sweet Chilli Jus (alc)
£20.95

Roast Breast of Chicken with Jersey
Royals, Pak Choi, Watercress Salad
and a Sweet Chilli Jus
£14.00

Parsley Roast Loin of Cornish Lamb on
Creamed Potato with Individual Moussaka,
Aubergine Puree and Baby Fennel, Pinenut
and Orange Salad (alc) £21.95

Honey Roasted Free Range Belly of Jimmy
Butler’s Pork, Clonakilty Black Pudding &
Apple Lyonnaise Potatoes and a Sweet
Cider Jus (alc) £19.95

Side Orders £3.95

Hand Cut Chips, Creamed Potatoes,
Braised Red Cabbage, Buttered Fine Beans,
Steamed Spinach,
Tomato and Red Onion Salad, Mixed Salad,
Green Salad, Rocket and Parmesan Salad

From the Grill

with Peppercorn Sauce, Dijon Sauce
or Red Wine Jus

6oz Scottish Minute Steak £14.50

9oz Scottish Rib-eye Steak £18.50

8oz Scottish Fillet Steak £28.95 (alc)

Bluebell Mixed Grill £18.50

All of the above are available with a
choice of Hand-cut Chips, Creamed Potatoes,
Jersey Royals or Mixed Salad

Fish

Fresh Market Fish, Hand Cut Chips
with Minted Pea Puree
£14.50

Pan Fried Wild Sea Bass with Buffalo Mozzarella,
Spring Pea & Parma Ham Risotto, Watercress &
Grapefruit Salad (alc)
£22.95

Pan Fried Wing of Skate, Jersey Royals,
Baby Spinach and Caper Butter
£18.95

Half Grilled Lobster with Garlic Butter, Hand Cut
Chips and Summer Salad
£24.95

Bluebell Fish Cake with Wilted Baby Spinach
and Pak Choi and Lemon Butter Sauce
£14.50

Desserts

Classic Vanilla Crème Brulée with Spring
Berry Compote and Lemon Shortbread
£5.95

“Citrus Tasting Plate”

Iced Lemon and Basil Parfait, Key Lime Pie,
Vodka, Lime and Cranberry Granita
and Pink Grapefruit Jelly (alc)
£7.95

Coffee Brulée, Semi Freddo & Tiramisu
with Homemade Cinnamon Doughnuts (alc)
£7.95

Chefs’ Spring Dessert
£5.95

Dark Chocolate Fondant, Blood Orange Sorbet
& White Chocolate Pistachio Sauce (alc)
(Please allow 10 minutes)
£7.95

Hot Seasonal Dessert
£5.95

Selection of Ice Creams and Sorbets
£5.95

Bluebell Sharing Desserts for Two (alc)
(Please allow 10 minutes)
£13.95