



Associated *First Aid* Training



The new regulations for First Aid at work come into force on the 1st October 2009

NEW FIRST AID REGULATIONS OCT 2009

There is a statutory obligation on employers to provide trained first aiders in the workplace.

The standard HSE course used to be the 4 day First Aid at Work, backed up by an emergency first aid qualification (appointed person) which took one day. These days there is less heavy industry and help can be summoned quickly using mobile phones, so a major revision in the first aid course has taken place.

The new regulations keep the two tier system, but the courses are new.

Emergency First Aid at Work (EFAW) is a 6 hour course seen as appropriate to low-risk environments.

First Aid at Work (FAW) is now a 3 day (18hr) course, appropriate for workers in hazardous and remote sites where risks are higher, outcomes more serious, and help may be delayed.

To keep you up to date in legislation, the HSE also recommends a 3 hour annual update course for first aiders.

Associated First Aid Training has a highly experienced and dedicated team of medical instructors, specialising in training packages for all companies both large and small.

We can accommodate training for 1 person upwards to suit your requirements.

All our instructors are HSE approved and are regularly monitored.

Courses can be delivered either in the comfort of your own environment for 6 or more persons or any number at our training centre in Hainault.

- **First Aid at Work (4 Day) 3 Day from Oct**
- **Appointed Person Courses (1 Day)**
- **Paediatric Pre-School, Nursery (2 Day)**
- **Auto Defibrillation (1Day)**
- **Manual Handling (3 hour)**
- **Fire Awareness Courses (3 Hour)**

Bespoke Courses available on request

To obtain further information please check out our website www.associatedfirstaidtraining.co.uk

Or contact us on:

0208 500 5960

Email: info@associatedfirstaidtraining.co.uk